



AUGUST 2023 NEWSLETTER

OZARK HIGHLANDS TRAIL ASSOCIATION

OHTA's Mission is to Build, Maintain, Promote, and ENJOY the Ozark Highlands Trail.

- Overseeing the Trail -

OHTA Board of Director for 2023-2024

Phil Brown (President/Eastern Chapter Rep)
Adam Higinbothom (Vice-president)
Brent Umphlett (Secretary)
Todd Wells (Treasurer)
Chris Adams (Maintenance Coordinator)

Wade Colwell (Interim Boston Mountain Chapter Rep)
Miles Jandrsevich (Maintenance Director-West Section)
Tiffany Mallard (social media and promotions)
Peter Cooper (interim member)

OHTA's next Board of Director's Meeting

The date, time, and location of the next board meeting have not been set, but it is looking like it will occur in mid- to late-September. We'll let you know as soon as the all the information is available.

- Expanding the Trail -

Good news! Work has commenced once again on David's Trail/Ozark Keystone Trail (OKT). In fact, the three-mile stretch between Red Bank and Bean Bluff was completed on July 12! With that, the trail-building boss, Ted Weichselbaum, has shifted his focus to knocking out the 1.8 miles from Bean Bluff to Niles Landing. Then, he will turn his attention to carving out trail in the remaining 2.7 miles to the Missouri border. If all goes as planned, there will be continuous trail between Red Bank and the Missouri border by the end of 2023.

The Ozark Keystone Trail Endowment has submitted grants to both Missouri and Arkansas and is awaiting the decisions regarding the awarding of the grant funds. Money from the Missouri grant will fund the extension of the OKT from the Missouri state line north to Dawt Mill. The Arkansas grant will make it possible for work to commence on putting in 20 to 21 miles of trail between the north end of the Norfolk Trail and the southern point of David's Trail!

It's coming along one section at a time! Thank you Ozark Keystone Trail Endowment and your crew!

- Looking Ahead on the Trail -

Ozark Highlands Trail Association remains in its state of summer hibernation. Basically, what that means is that all maintenance work is virtually non-existent, and it is trail maintenance the generates a great deal of what we report on in the newsletter. For that reason, there is not much new news in this month's newsletter, but that will change with time. So please have patience, and stay tuned!

October 2023 Maintenance Base Camps

Preparations for this year's maintenance base camps are underway. OHTA's Maintenance Coordinator, Chris Adams, announced this week he is planning for there to be three basecamps this fall. The exact

dates and locations are yet to be determined, and we will let you know all about them as soon as that information is available. Be checking the newsletter and your email as fall draws closer!

Wilderness First Aid/EpiPen and CPR/AED Classes

The OHTA is pleased to announce its plans to sponsor a two-day Wilderness First Aid/EpiPen course along with a three-hour CPR/AED course. Several folks have already confirmed their spots for one or both of these courses, but it appears there may still be room for more folks to sign up. At this point, though, participation in either or both courses will be on a first-come, first-served basis. So, if you want to take advantage of this superb opportunity, just send an email to ohta@ozarkhighlandstrail.com. In that email, please include your first and last names and the name(s) of the courses(s) (i.e., WFA/EP and/or CPR/AED) in which you want to participate.

Here's other important information for you to know:

- **Dates and Times:**
 - The **Wilderness First Aid/EpiPen course** is scheduled for Saturday and Sunday, September 9 and 10, 2023, and will run each day from 7:30 or 8 a.m. to somewhere between 5 and 6 p.m.
 - The **CPR/AED course** is scheduled for Saturday, September 9, 2023, and will run from about 6:30 p.m. to 9:30 p.m.
- **Location:**
 - Both courses will be held at the John Paul Hammerschmidt Conference Center located on the south campus of North Arkansas College in Harrison, Arkansas. Here's a link to location: https://www.google.com/search?q=1515+pioneer+drive+harrison+ar+72601&oq=1515+pioneer+drive+har&gs_lcrp=EgZjaHJvbWUqBwgAEAAyGAQyBwgAEAAyGAQyBwgBEAAyGAQyBggCEEUYOdIBCDg4MjVqMGo3qAIAsAIA&sourceid=chrome&ie=UTF-8
- **Instructor:**
 - Tom Burroughs is the instructor for both courses (once you've completed this type of training with Mr. Burroughs as the instructor, you will never want to take another course of this sort from anyone else).
 - Mr. Burroughs' Credentials:
 - ACA Safety and Rescue Committee Chair
 - ACA L-5 Advanced Swiftwater Rescue Instructor Trainer Educator
 - ACA L-4 Whitewater Kayak Instructor Trainer Educator
 - ACA L-4 Whitewater Rafting Instructor Trainer
 - 2015 ACA "Excellence in Instruction" National Award Recipient
 - ITRA Level 3V Swiftwater Rescue Instructor
 - NREMT/EMT-W/MPIC - Wilderness Medicine Instructor
 - Team Leader- Washington CO AR Search and Rescue team
 - Director, Ozark Safety and Rescue Educators / Clear Creek Paddlesports
 - Member- Wilderness Medical Society
- **Fee:**
 - **Wilderness First Aid/EpiPen:** \$179 per participant for the 2-day course. Each day's workshop runs for a total of about 9 hours including roughly 45 minutes for lunch.
 - **CPR/AED:** \$50 per participant for the 3-hour course.
- **Payment:**
 - Please make your check out to: OHTA

- Please make a notation on the check of which course or courses you plan to attend
- Mail your check for the full amount of the fee for each course you plan to attend to: Ozark Highlands Trail Association; PO Box 4065; Fayetteville, Arkansas 72702-4065
- **Certification:**
 - The **Wilderness First Aid/EpiPen** course is taught by Mr. Burroughs through Sierra Rescue International, so the certificate received by those completing the course is good for 3 years.
 - The **CPR/AED** course is also taught by Mr. Burroughs, but the certification received by those who complete the course is good for 2 years.
- **Note:**
 - Children under the age of 18 years can enroll but only if they are accompanied by their parent who is also enrolled and present as a participant. There is no minimum age for enrollment, but it is Mr. Burroughs' experience that children under the age of 13 years tend to get little of value from the course.
- **Campgrounds Near Harrison:**
 - KOA (north side of Harrison) link:
https://www.google.com/search?q=koa+harrison+ar&oq=KOA+harrison+ar&gs_lcrp=EgZjaHJvbWUqCggAEAAY4wIYgAQyCggAEAAY4wIYgAQyEwgBEC4YrwEYxwEYgAQYmAUYngUyCggCEAAyChgWGB4yCAgDEAAyFhgeMggIBBAAGBYHjIICAUQABgWGB4yCAgGEAAyFhgeMggIBxAAGBYHjIKCAgQABiGAXiKBTIKCAkQABiGAXiKBdIBCDgwOTRqMGo3qAIAAsAIA&sourceid=chrome&ie=UTF-8
 - Harrison RV Park and Campground (south side of Harrison) link:
https://www.google.com/search?q=harrison+rv+park+and+campground+harrison+ar&oq=harrison+rv+park+and+campground+harrison+ar&gs_lcrp=EgZjaHJvbWUyBggAEEUYOTIICAQABgWGB7SAQg5OTQ4ajFqN6gCALACAA&sourceid=chrome&ie=UTF-8

Hare Mountain Hike-In Is Getting Closer

Another month has flashed by, and that leaves us with just over three months till 2023's Hare Mountain Hike-In. Again, this year's event is **scheduled for Saturday and Sunday, November 4 and 5**. Don't forget, **THERE WILL BE A POTLUCK DINNER**, so you still have time to decide on a dish to bring or on one you can prepare in camp and share with everyone! This event will be another opportunity to celebrate OHTA's birthday, so we hope you can make it to this year's birthday bash! The more the merrier!

Hare Mountain 100

As reported in the July 2023 Newsletter, the Hare Mountain 100 is scheduled to start at Haw Creek Falls Recreation Area at 8 a.m. on Friday, October 27, 2023. For those who might not have had a chance to read the July issue, the Hare Mountain 100 is a point-to-point 100-mile run that incorporates two scenic spur loops along the Ozark Highlands Trail between Haw Creek Falls and White Rock to the west. The race director is Stephanie Turner, and it is being sponsored this year by Pack Rat Outdoor Center, Adventure Subaru, Tailwind, and others.

It is important to note that to qualify for participation in this event, runners must sign a waiver and either perform eight (8) hours of trail work on the OHT or opt out of the work by donating \$100 to the Ozark Highlands Trail Association.

We are very pleased to note that the OHTA will be represented at this year's 100 by Randy Seoung and a team of volunteers he has brought together. It appears he is receptive to growing the team, so if you find yourself interested in learning more about what Randy and his group will be doing and the role you could play, please feel free to contact him at randysoeung@yahoo.com. Or if you think you would like to get involved with the event in some other way and want to know more about the ways you can make that happen, simply check it all out at <https://www.haremountain100.com/>. Whatever you do, we trust you'll make it a great experience!

- Getting and Keeping Yourself on the Trail -

Do you find yourself longing to become part of something larger than yourself? Could those urges be motivating you to join an organization, say, perhaps, the Ozark Highlands Trail Association? If so, could it be that you find the process too cumbersome, maybe even overwhelming? Well, if that is the case, relief is here! You can join OHTA by simply clicking here: <https://ozarkhighlandstrail.com/membership/>, and instantly, you're just a few quick and easy steps away from becoming a member of this fine organization! Go ahead; give it a shot. We're pretty sure you won't regret it!

But, wait! What's this, you say?! You're already a member . . . or you believe you are but are uncertain about whether your membership is current? Do you find yourself wondering when you last paid membership dues and can't remember if you have records of when that occurred? Well, again, there's a very simple way of figuring this out, and that is to simply send an email to ohata@ozarkhighlandstrail.com, and ask us to figure it out for you. We'll get back to you promptly, and if your dues are due, you can click on this link and follow the prompts: <https://ozarkhighlandstrail.com/membership/>. It's that easy! Go ahead; give it a shot. You won't regret renewing your membership!

- Relaxing Trailside -

Interesting Breaktime Reads

Take the Path of Most Resistance: How the Appalachian Trail Saved Me from the Sixties and Taught Me Everything You Need to Know – David Hiscoe

Women Who Hike: Walking with America's Most Inspiring Adventurers – Heather Balogh Rochfort

PLEASE NOTE: If you have a read or two you'd like to share with others who enjoy trail time, please send the title and author's name to ohata@ozarkhighlandstrail.com, and it will appear in the next edition of the OHTA Newsletter.

**Yes, it's onward we go, one foot in front of the other through the heat of the summer knowing that each step brings us closer to a hike when there will be a cool breeze in our face.
That day is coming!**

Quote for the month

"You never climb the same mountain twice, not even in memory. Memory rebuilds the mountain, changes the weather, retells the jokes, remakes all the moves." – Lito Tejada-Flores

Until the trails we travel alone become the trail that brings us together,
HIKE ONWARD!!

**YOUR ASSOCIATION WITH THE OHT MAKES THIS THE ASSOCIATION IT IS!
THANK YOU ALL FOR BEING A PART OF THE OZARK HIGHLANDS TRAIL ASSOCIATION!!**